A Trusted Adult

in the Digital Era

A Pirate Academy companion guide — for parents and kids, together

"Every one of you is a guardian, and every one of you is responsible for those placed in your care."

— Prophet Muhammad (pbuh) (Bukhari & Muslim)

Being a trusted adult isn't just kindness — in Islam, it is an amanah, a trust from Allah. This short guide looks at what the Qur'an and Sunnah teach about who deserves a child's trust, and how a family can carry that trust well together, in a world of screens.

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For Parents & Guardians

You carry an amanah — a trust from Allah

A child is not something you own — they are placed in your care. The Qur'an calls children a zeenah, an adornment to life, and a fitnah, a test of how you carry them. Three reminders for the road:

Your child is a trust, not a possession.

You will be asked, as every guardian will, how you looked after those placed in your care — not just their body, but their heart.

Mercy comes before correction.

The Prophet (pbuh) said whoever shows no mercy to the young has strayed from his way. Warmth first, correction second — always.

Cover their mistakes gently.

Whoever conceals the fault of another, Allah conceals theirs. Correct a child in private — protect their dignity, always.

Every act of patience with your child, every gentle word, every secret kept — is worship. Raising them well is one of the heaviest amanahs you will ever carry, and one of the most rewarded.

For Kids & Teens

How do you know an adult is truly trustworthy?

Allah and His Messenger (pbuh) taught us what a good, trustworthy person looks like. Here's how to recognize a trusted adult in your own life — online or offline.

They treat you with mercy, not anger.

The Prophet (pbuh) said a person who has no mercy for the young has strayed from his way. A trusted adult is gentle, even when you make mistakes.

They keep their word.

Being trustworthy (amanah) and honest (sidq) are signs of true faith. A trusted adult does what they say they will do.

They listen before they judge.

Good adults ask, and truly listen, before deciding what happened — giving you the chance to explain.

They protect your dignity.

A trusted adult corrects you privately, not in front of others — because Allah loves those who cover others' mistakes with kindness.

They respect who you are.

A truly trustworthy adult respects you, your identity, and your values — even when they see things differently.

If the adults around you — at home, school, or online — show these signs, they've earned your trust. And it is always okay to ask a trusted adult for help, and to keep asking until you get it.

Together As a Family

A moment to reflect and make du'a

Talk About It Together

- Who in your life listens to you and respects who you are, without trying to change you or judge you?
- What's one value or belief that matters to you that you'd want a trusted adult to always respect?
- Who do you trust first when something upsets you online?
- What's one screen boundary we could set together, through gentle consultation, not force?

A Du'a for Our Family

"Rabbana hab lana min azwajina wa dhurriyyatina qurrata a'yun,
waj'alna lil-muttaqina imama."

"Our Lord, let our spouses and children be a source of joy for us, and make us a good example for those mindful of You." (Qur'an 25:74)

A short du'a to say together — for the trust between you to grow, and for your home to be a safe harbor, online and offline.

Trust is built one gentle moment at a time.